

10



Mahi me te Ako



Te tīmata ki te hoki haere
anō ki te mahi, ako rānei.

Ka taea e tō wharanga roro te whakaawe tō kaha ki te hoki ki te mahi, ako rānei

He painga pea tō te hoki ki te mahi, ako rānei i te mea:



Ka āwhina pea i tō whakaora



Ka whakaraupapa haere i tō rā



Ka uru te wairua whakatutukitanga ki a koe



Ka whakawhānui i ō kāhui hononga



Ka aro te tangata kia mārama me te āhukahuka hoki i ngā whāititanga kua pā mai nā te wharanga roro.

Ka uaua pea tō hoki ki te mahi, te ako rānei i te mea:

- Ka ngenge koe i te whakaaro tapatahi
- Ka uaua tō whakaoti i ngā tūmahi ki taua taumata anō i mua
- Ka wareware te mahi i ētahi mahi
- Ka uaua tō taetae atu ki te mahi/akomanga i te wā tika
- He taumaha rawa ngā kawenga, tūmahi rānei
- Kua tipu te raruraru i waenga i ētahi atu kaimahi / ākongā i te mea kāore rātau i te mārama ki tō wharanga, nā ngā rerekētanga ki tō tuakiri rānei
- Kua kore e manawa reka te mahi, ako rānei
- Kua kore e taea e koe tō whanonga te whakahaere pērā i mua
- Ka uaua pea ki a koe te whai i te ritenga mahi
- Kāore tō kaituku mahi i te hiahia kia hoki atu koe kia taea rā anō e koe te mahi wā tūturu



Tērā pea ka kite koe kāore e taea e koe te hoki tonu atu ki tō mahi, ako rānei.

He āwhina pea kei te:

- Mahi i ngā haora iti ake, i te tīmatanga pea kātahi ka ngana kia hoki ki te wā tūturu
- Ako i ngā tikanga hou mō te mahi i ngā mahi
- Whakamahere me te whakarite i te tere o tō mahi i ngā mahi
- Whakatā haere
- Huri i tō mahi, te momo ako rānei e ako ana koe
- Tono tautoko mai i te Brain Injury Association o tō rohe, Kaiako Mahi, Kaihaumanu Whakarauora

Kei runga tō hoki ki te mahi i:

- Te kino o tō wharanga
- Tō mahi/ako/pūkenga o mua me ō mōhio
- Te whiwhi whakaaetanga ā-hauora me te takatū ki te mahi, te ako rānei
- Te momo mahi, ako rānei e mahi ana koe
- Tō kaha ki te whakamahi i ngā rautaki hei āwhina i tō hoki ki te mahi, ako rānei
- Ētahi atu whakaawe pērā i te
 - Whakahihiri me te whakapau kaha
 - Manawaroa me te rūhā
 - Whakamahere me te whakariterite
 - Ngā pūkenga whakawhiti kōrero (me te whai i ngā tohutohu me tō kaha ki te whakahoahoa me ētahi atu)
 - Whakaaro tapatahi, pūmahara me te kaha ki te ako i ngā mea hou

Ka hiahia pea koe i ngā tautoko tāpiri anō pērā i ēnei:

- Ka taea e te whakarauoranga me tētahi kaihaumanu whakamahi tinana, kairomiromi, kaiwhakatika reo kōrero koe te āwhina me ngā waimaerotanga e whakaawe ana i tō hoki te mahi / kura / whare wānanga
- Ka taea ngā āwhina / utauta / taputapu te whakarite ake kia hāngai ki ō hiahia hei tautoko i tō hoki ki te mahi
- Ngā tohutohu mahi, ako rānei, hei kaiako āwhina rānei
- Ngā tumu kōrero mahi hei āwhina i a koe mēnā me huri e koe tō mahi
- Te hoahoa tūranga mēnā me whakarerekē tō tūranga



Mā wai e āwhina?

Ka taea e ngā mātanga hauora pērā i tō rata, kaihaumanu whakamahi tinana, ētahi atu ratonga pērā i a WINZ, te Brain Injury Association o tō rohe, te whānau me ngā hoa koe te tautoko me te tuku tohutohu mō te hoki ki te mahi/ako i muri i tētahi wharanga roro.



Me pēhea tā rātau āwhina?

Ka taea anō pea e rātau te:

- Haere ki ngā whakaurunga wāhi mahi/mātauranga me koe
- Takawaenga me ngā kaituku mahi mō te mahi ka taea e koe
- Āwhina tō kaituku mahi/hoa mahi/kaiako/pouako/ākonga kia mārama ki te wharanga roro
- Āwhina i a koe kia rapua te tikanga pai rawa hei mahi i tō mahi
- Āwhina i a koe ki te whiriwhiri e hia ngā haora mahi/ako
- Tiro tiro kei te pēhea tō haere i te mahi/ako, ā, he aha ngā tautoko e wātea ana
- Matapaki ngā momo mahi rerekē, ngā akoranga rānei me koe
- Tuku ingoa ki a koe o te hunga ka taea te āwhina i a koe
- Āwhina i a koe ki te whiriwhiri ko tēhea te mahi, akoranga rānei e pai ana mōu
- Whakarite whakamātautau mahi i a koe e whakapakari haere anō i a koe i te mahi
- Whakahaere tētahi aromatawai wāhi mahi me te tuku tohutohu ki a koe ki te whakarerekē i tō wāhi mahi me ngā tūmahi hei whakarata i ō hiahia.

Mō ētahi atu mōhiohio

Ka āwhina pea ētahi atu mātārere o tēnei punipuni i a koe, me whakapā atu rānei ki tō Brain Injury Association, ACC, Te Manatū Hauora, ngā Disability Resource Information Centre rānei.

Mō ētahi atu mōhiohio haere ki: www.brain-injury.org.nz

Aku whakapā hira:

Brain Injury Association:

Rata:

Kaiwhakahaere Kēhi:

Ētahi atu whakapā:

E tautokona e ACC



Te Kaporeihana Āwhina Hunga Whara

